

# P.E. Extra-Curricular Timetable Autumn 2:



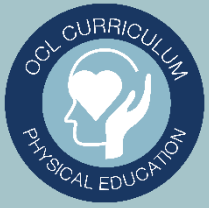
Monday	Tuesday	Wednesday	Thursday	Friday
All years Badminton Club	Yr 9 & 10 Netball Fixtures	All years Girls Basketball Training	U14 Basketball Fixtures	Yr 10 & 11 Fitness Suite
Yr 7 – 8 Dodgeball	U16 Basketball Fixtures		Yr 10 – 11 Basketball Training	
	Yr 7, 8 & 9 Basketball		Year 7 - 9 Fitness Club	
	All years Netball Training		All Years Dance Club	
	Girls Football Training			
	Yr 9 – 11 Dodgeball			

**Develop clubs:**  
Turn up to improve your skills and knowledge of this sport, with opportunities to play for school team!

**Engage clubs:**  
Stay and play to be physically active and enjoy the social side of the activity

**Compete clubs:**  
Join the school team where you get to compete against other schools

**Aspire clubs:**  
This type of club runs before school and is invitation only.



# Club categories explained further...

## Engage

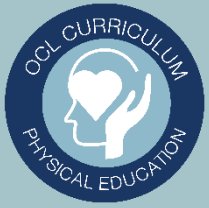
These clubs are predominately focused on stay and play to be physically active and enjoy the social side of the activity. Attend this club if you just wish to play and have fun.

## Develop

These clubs are predominately focused on developing skills and techniques in a fun environment. Attend these clubs if you enjoy the sport and would like to improve on your ability to play this sport.

## Compete

For these clubs you will need to join the school team where you get to compete against other schools. Attend this club if you are competitive, and would like to represent the school.



# Frequently asked questions...

<b>What time do the clubs run?</b>	They run from 2.30 – 3.40 pm, straight after lesson five
<b>Where should I go for the club?</b>	You will need to go straight to the changing room after lesson 5, then the teacher running the club will meet you and tell you where to go. It will either be the sports hall, the fitness suits, the gym or the Astro turf
<b>Do I need to sign up?</b>	No, it is turn up and play. You just need to make sure your parents are aware that you are staying at school for the club
<b>Do I need to pay?</b>	No – all clubs are free to take part in
<b>What do I wear?</b>	For all clubs you need to wear your normal Oasis Sholing P.E. kit, so don't forget to bring it to school on the day you have a club
<b>Do I have to play for the school team?</b>	No – this is optional, only say yes to fixtures if you would like to play against other schools
<b>Are these clubs on all year?</b>	There will always be P.E. clubs afterschool, but the clubs available will change each term i.e. summer clubs be summer sports
<b>Can I join more than one club?</b>	Yes – but if they are on the same night you will need to choose which one you want to do