



# CLASS OF 2021

## Transition Fortnight

Please contact Mr Dale if you wish to complete any of these activities in school



# Monday 7<sup>th</sup> June

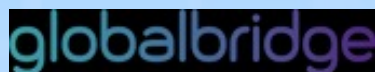
## Next steps

Register your profile on globalbridge via the email sent to your school email account. If you have not received one of these, go to <https://www.myglobalbridge.com/> and click 'forgotten password'.

**Globalbridge**, enables you to record and showcase your talents, skills, and qualifications through an interactive, media rich, secure online profile. Not only can you upload your academic achievements, but you can complement these with a biography, aspirations, photos, sound bites, electronic documents and even video footage such as sporting highlights, drama productions and musical performances – all of this helps you to stand out in a competitive field.

Once your **globalbridge** profile is live, you can send your unique profile URL to potential universities, colleges, training providers and employers by, for example, including it on application forms or a college/UCAS Personal Statement. Viewing a read-only version of your globalbridge profile allows opportunity providers to gain a much more realistic and detailed picture of an applicant, as well as being able to see your skills and talents in action.

Start working on your profile, including your skills, experiences and interests.



## A level Masterclass (1pm-2pm)

Geography - delivered by Itchen College

<https://us04web.zoom.us/j/78475098587?pwd=MU94QW02bU9vWHRtMEMyVlBS1dqZz09>

Meeting ID: 784 7509 8587

Passcode: Bf5jwV






## Wellbeing

Is there a someone in your year who has shown kindness to you throughout your time at OAS? Someone who has been there for you and gotten you through the tough times? Why not nominate them for a Be Kind award- <https://bekindawards.co.uk/> . Showing gratitude is an important wellbeing tool, saying thank you to those who have made a difference is not only nice for them, but will also boost your mental wellbeing.





# Tuesday 8<sup>th</sup> June

Next steps	A level Masterclass (1pm-2pm)
<p>Look through the virtual work experience opportunities on the next 2 slides. Sign up for any that are relevant to your career interests. This experience can then be used to support CV's, university applications and in your global bridge profile. Are there any careers there that you know nothing about? If so, do some research into them, perhaps you might find your future career path.</p>	<p>English delivered by Richard Taunton College  <a href="https://zoom.us/j/92512513988">https://zoom.us/j/92512513988</a></p> <p>Meeting ID: 925 1251 3988            Passcode: English</p> 
Wellbeing	
<p>Don't forget to fill in your Yearbook profile (<a href="https://allyearbooks.co.uk/yearbook/15052">https://allyearbooks.co.uk/yearbook/15052</a>) to celebrate and remember your 5 years at OAS.</p> 	 <p><b>SOLENT UNIVERSITY</b>  <small>1000 The Esplanade</small></p> <h2>Reflection on Your Interview</h2> <ul style="list-style-type: none"> <li>• Why have you applied for this role?</li> <li>• What skills do you have that would be suitable for this role?</li> <li>• Please give me an example of when you worked as part of a team</li> <li>• What is your greatest achievement to date?</li> <li>• Why should I employ you?</li> </ul>



**Make a splash with United Utilities – 3-day placement with major employer United Utilities**

14th – 16th July 10:00 – 15:00

Age: 16 - 18

<https://www.s4snextgen.org/Opportunities/View/id/1817>

Subject Areas: Engineering, water, corporate communications, plumbing, management

Deadline: 18th June

**Build Yourself with Wates - Open your Mind to New Opportunities & Consider a Career in Construction**

(Wates)

19th – 23rd July 10:00 – 14:00

Age: 14 - 19

<http://www.s4snextgen.org/Opportunities/View/id/1883>

Subject Areas: development, construction, property services

Deadline: 19th June

**Tailored for ambitious open-minded young women | Careers within Construction**

(Danny Sullivan)

12th – 16th July 10:00 – 15:00

Age: 15 - 19

<https://www.s4snextgen.org/Opportunities/View/id/1889>

Subject Areas: development, construction, property services

Deadline: 16th June

**Women in STEM - 3 day Virtual Work Experience with Defence Science and Technology Laboratory**

(DSTL)

23rd – 25th June 10:00 – 15:00

Age: 14 - 19

<https://www.s4snextgen.org/Opportunities/View/id/1836>

Subject Areas: Laboratory, IT/Cyber Security, Engineering

Deadline: 4th June

**Be a catalyst for change with Johnson Matthey (Johnson Matthey)**

12th – 16th July 10:00 – 15:30

Age: 15 - 19

<http://www.s4snextgen.org/Opportunities/View/id/1827>

Subject Areas: Transport, Technology, Sales, Research, Regulation, Quality Assurance, Production, Product Testing, Operations, Health, Environmental, Engineering, Commercial, Business

Deadline: 16th June

**Discover Digital Careers with LJMU and Industry Professionals VWEX**

(LJMU)

17th – 18th June 9:30 – 12:30

Age: 14 - 16

<http://www.s4snextgen.org/Opportunities/View/id/1438>

Subject Areas: Technology, Software/Website Development, Research, Products, Production, Product Testing, Operations, Management, IT, IT/Cyber Security, Information & Analysis, Environmental, Engineering, Education, Digital & Online, Development, Design, Community Engagement

Deadline: 28th May

**PREDICT 21: This is my Superdry! Behind-the-scenes into Superdry and career opportunities**

(Superdry)

24th June 9:30 – 15:00

Age: 16 - 19

<http://www.s4snextgen.org/Opportunities/View/id/1736>

Subject Areas: Retail & FMCG, Operations, Marketing & PR, Lifestyle, Digital Media & Publishing, Digital & Online, Design, Creative

Deadline: 28th May



**PREDICT 21: Jump start your career in future technologies and business at Staffordshire University**

(Staffordshire University)

23rd June 9:30 – 15:00

Age: 16 - 19

<http://www.s4snextgen.org/Opportunities/View/id/1721>

Subject Areas: Workshop, Technology, Masterclass, Events, Entertainment, Design, Business

Deadline: 28th May

**Insight course for careers in nursing with British Army Medical Services (British Army)**

20nd July 17:00 – 19:00

Age: 14-19

<http://www.s4snextgen.org/Opportunities/View/id/1857>

Subject Areas: IT/Cyber Security, Information & Analysis, Communications

Deadline: 20th June

**MONEYWISE - 1 hour understanding money session - 4-5pm for Year 10 and 11 students (Santander)**

26th July 16:00 – 17:00

Age: 14-19

<http://www.s4snextgen.org/Opportunities/View/id/1754>

Subject Areas: Banking & Investments

Deadline: 26th June

**Tesco: Presenting Yourself with Confidence - 1.5 hr workshop (Tesco)**

5th July 16:00 – 17:30

Age: 15-18

<http://www.s4snextgen.org/Opportunities/View/id/1878>

Subject Areas: Recruitment , Human Resources

Deadline: 21st June

**Tesco : insight to CV Tips and Interview Skills - 1.5 hr workshop (Tesco)**

7th July 10:30 – 12:00

Age: 15-18

<https://www.s4snextgen.org/Opportunities/View/id/1877>

Subject Areas: Recruitment , Human Resources

Deadline: 21st June

**Tesco: Presenting Yourself with Confidence Post Exam Results - 1.5 hr workshop (Tesco)**

17th August 10:00 – 11:30

Age: 16-18

<https://www.s4snextgen.org/Opportunities/View/id/1879>

Subject Areas: Recruitment , Human Resources

Deadline: 23rd July

**Insight Day with Creative Tech | Ever dreamed of getting a job as an Inventor? (Engine)**

19th July 10:00 – 14:00

Age: 14-19

<http://www.s4snextgen.org/Opportunities/View/id/1903>

Subject Areas: Technology, Digital Media & Publishing, Advertising Sales & Marketing

Deadline: 18th June

**PREDICT `21 Career pathways: Bringing maths and science to life (Harper Adams University)**

15th July 10:00 – 15:00

Age: 14-19

<http://www.s4snextgen.org/Opportunities/View/id/1773>

Subject Areas: Technology, Production, Product Testing, Laboratory, Environmental, Engineering, Education

Deadline: 26th June



# Wednesday 9<sup>th</sup> June

## Next steps

Go to [www.southampton-city.ac.uk/preparing-for-college](http://www.southampton-city.ac.uk/preparing-for-college) and have a go at the summer project in your chosen area of study for September.



## A level Masterclass (1pm-2pm)

Criminology delivered by Itchen College

<https://us04web.zoom.us/j/78475098587?pwd=MU94QW02bU9vWHRtME MycVIBS1dqZz09>

Meeting ID: 784 7509 8587

Passcode: Bf5jwV



## Wellbeing

You are likely to be spending more time 'online' as you now won't be seeing your friends each day. Make sure you have healthy online habits, both in terms of how much you use social media, and the footprint you leave behind. Remember, employers may look at your social media before interview. Read through this article from young minds on how teenagers can use social media in a supportive way, while not impacting their mindfulness. <https://tinyurl.com/OASsocialmedia>



**IF YOU WORK  
REALLY HARD  
AND YOU'RE KIND,  
amazing  
THINGS WILL HAPPEN.**



# Thursday 10<sup>th</sup> June

## Next steps

Have you had communication from your chosen college regarding a taster day(s)? Put the date in your diary. If you have not heard from the college, send an email, or call them to ask for information. Think about what you need to take with you. Can you do anything to prepare? Why not take a look at your college's virtual tour/prospectus to familiarise yourself with the expectations for next year (click on the logo below). Spend some time planning your journey. Think about bus/train timetables. How long does it take to get to the bus stop/train station? How long does it take to walk? Could you cycle? Will you be getting a lift?



## A level Masterclass (1pm-2pm)

Law delivered by Richard Taunton College

<https://zoom.us/j/98170542306>

Meeting ID: 981 7054 2306

Passcode: 924567



## Wellbeing

Sleep is very important for your mental health. It will be easy to fall into bad sleeping habits now that you do not have to get up for school in the morning. This will impact on your mental wellbeing, and make it hard to get back into a routine in September. Visit Teen sleep hub- <https://teensleephub.org.uk/teens-young-people/> and watch the videos on the importance of sleep for teenagers





## Next steps

Have you been part of the senior student team? Have you participated in the school productions? Have you volunteered in the local community? Have you taken part in any challenges/tournaments (Sport? Swimming? Scouting/Guiding? Duke of Edinburgh award? Maths Challenge?)? Spend time thinking about what you have achieved in your life so far and update the relevant sections on your globalbridge profile. [Login | globalbridge - where talent meets opportunity \(myglobalbridge.com\)](#)

Use the wheel of strengths (<https://barclayslifeskills.com/i-want-to-choose-my-next-step/school/wheel-of-strengths/>) to help you select the things that you are good at, and update your Global bridge profile.



## A level Masterclass (1pm-2pm)

Maths delivered by Richard Taunton College

<https://zoom.us/j/8601975861>

Meeting ID: 860 197 5861

Passcode: Keem25



## Wellbeing

Complete your leavers questionnaire, reflecting on your time at OAS:

<https://forms.office.com/r/XGw54TWiZW>



# Monday 14<sup>th</sup> June

## Next steps

Go to [www.sacu-student.com](http://www.sacu-student.com) where you can complete a Careers Quiz which will help you to think about what you might consider doing after college. University? Apprenticeship? Employment? Gap Year? Access Southampton - Go to [www.access-southampton.co.uk](http://www.access-southampton.co.uk). Look at the latest Jobs Bulletin, where you will find various part-time vacancies and volunteering opportunities.

## A level Masterclass (1pm-2pm)

Music delivered by Richard Taunton College

<https://zoom.us/j/92771098568>

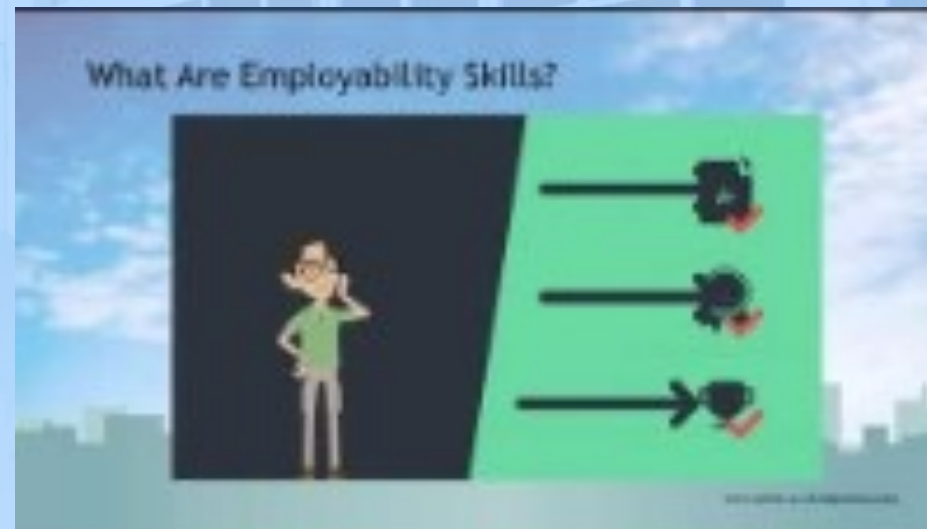
Meeting ID: 927 7109 8568

Passcode: 545112



## Wellbeing

Concerned about starting at college but having some gaps in your knowledge? Or maybe you would just like to broaden your knowledge in areas you are no longer studying? Why not visit <https://thecrashcourse.com/> and enjoy learning some topics that you haven't covered in school.





# Tuesday 15<sup>th</sup> June

## Next steps

Visit [www.barclayslifeskills.com/i-want-help-applying-for-jobs/school/cv-builder](http://www.barclayslifeskills.com/i-want-help-applying-for-jobs/school/cv-builder), where you can start to produce your own unique CV showcasing your skills and achievements. This can be used to find part-time employment for the summer, or employment whilst you are at college, or an essential requirement for Apprenticeship applications.

Look at the following You Tube video playlist about a variety of careers. Select ones that interest you to watch:

<https://www.youtube.com/channel/UCdLFclUYn8BTqsbwWV-lu9A/videos>

<https://www.youtube.com/user/icouldstories/videos>

[https://www.youtube.com/channel/UCCCKBSUbihU\\_CyQ5BFwVQr6A](https://www.youtube.com/channel/UCCCKBSUbihU_CyQ5BFwVQr6A)

<https://www.youtube.com/channel/UCMvBQ1Jlr5dnJNrTDPX6DwA>

## Wellbeing

You may have used some of your extra time this week to enjoy some gaming. But too much of this can be detrimental to your Mental health. Find out more at <https://youngminds.org.uk/find-help/looking-after-yourself/gaming-and-mental-health/>

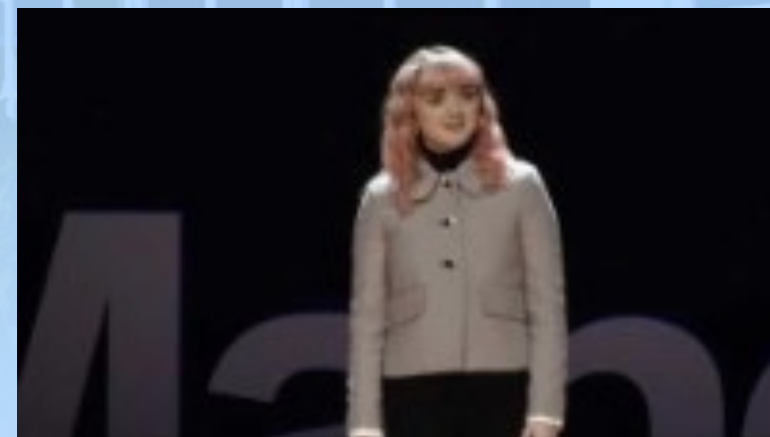
## A level Masterclass (1pm-2pm)

Sociology delivered by Itchen College

<https://us04web.zoom.us/j/78475098587?pwd=MU94QW02bU9vWHRtMEMycVBS1dqZz09>

Meeting ID: 784 7509 8587

Passcode: Bf5jwV





# Wednesday 16<sup>th</sup> June

Next steps	A level Masterclass (1pm-2pm)
<p>Visit <a href="http://www.barclayslifeskills.com/interviews">www.barclayslifeskills.com/interviews</a>. This will be useful for when you are considering getting a part-time job for the summer or Apprenticeship opportunities.</p> <p>If you are searching for an Apprenticeship, go to <a href="http://www.apprenticeships.gov.uk">www.apprenticeships.gov.uk</a> and check out the latest opportunities.</p>	<p>Sport session delivered by Itchen College</p> <p><a href="https://us04web.zoom.us/j/78475098587?pwd=MU94QW02bU9vWHRtMEMycVlBS1dqZz09">https://us04web.zoom.us/j/78475098587?pwd=MU94QW02bU9vWHRtMEMycVlBS1dqZz09</a></p> <p>Meeting ID: 784 7509 8587 Passcode: Bf5jwV</p> 
Wellbeing	
<p>Concerned about managing your money? With many of you now getting part time jobs or going off to do apprenticeships, you will be earning money for the first time. Sign up to the OU course on 'Managing Money for Young people' (This will be an ongoing course over the summer, but can be added to your CV/globalbridge profile). <a href="https://tinyurl.com/OASmanagingmoney">https://tinyurl.com/OASmanagingmoney</a></p> <p>Read articles on 'How to read your payslip' <a href="https://www.youthemployment.org.uk/understanding-your-payslip-beginners-guide/">https://www.youthemployment.org.uk/understanding-your-payslip-beginners-guide/</a> - 'How to understand your Employment Contract' <a href="https://www.ucas.com/careers/employment/understanding-employment-contracts">https://www.ucas.com/careers/employment/understanding-employment-contracts</a>.</p>	



# Thursday 17<sup>th</sup> June

## Next steps

Use the 'Careerometer' at <https://careormap.co.uk/careerometer/> to compare the information for different roles.

Pick two different roles and compare the following: Weekly Pay and Growth (green for increase or red for decrease). Click on the 'More Information' tab at the bottom to find out more about this job. Compare 5 pairs of jobs.



Don't forget to sign up with your parents for the SUN Higher education day on 22<sup>nd</sup> June if you are considering going to University

<https://sun.onlineopendays.com/#>

## A level Masterclass (1pm-2pm)

Psychology delivered by Itchen College

<https://us04web.zoom.us/j/78475098587?pwd=MU94QW02bU9vWHRtMEMyVlBS1dqZz09>

Meeting ID: 784 7509 8587

Passcode: Bf5jwV



## Wellbeing

Drop your tutor a little email to let them know your plans for next year, and beyond. If you have any worries or questions, here is a chance to ask them one last time for some support before you move off to college/apprenticeships.



# Friday 18<sup>th</sup> June

## Next steps

Update your globalbridge profile, [Login | globalbridge - where talent meets opportunity \(myglobalbridge.com\)](#), to show that you have completed your two weeks of transition activities. Attach a copy of this timetable for reference.

## A level Masterclass (1pm-2pm)

Biology delivered by Itchen College

<https://us04web.zoom.us/j/78475098587?pwd=MU94QW02bU9vWHRtMEMyVlBS1dqZz09>

Meeting ID: 784 7509 8587

Passcode: Bf5jwV



## Wellbeing

Enjoy the 'Euro fever' and watch England v Scotland, or if you aren't a football fan, take the opportunity of everyone else being in front of their TV screens to take a nice evening walk in the (hopefully) sunshine.



**Well done on completing your transition program.  
Don't forget these key dates:**

**22<sup>nd</sup> June-Barton Peveril open event**

**30<sup>th</sup> June –City College applicant welcome day**

**5<sup>th</sup> July-Itchen college welcome day**

**14<sup>th</sup> July-Prom**

**12<sup>th</sup> August-Results day**