

Supporting ADHD at Oasis Academy Sholing

Attention deficit hyperactivity disorder (ADHD) is a condition that affects people's behaviour. People with ADHD can seem restless, may have trouble concentrating and may act on impulse.

When a student is diagnosed with ADHD we work collaboratively with parents / carers, CAMHS and our Clinical Psychologist to look at strategies for supporting students at school.

We then use the following to support the student at school:

- In class support through quality first teaching methods including scaffolding, retrieval practice and chunking learning
- Mentoring
- Fiddle Toys
- Movement breaks
- Exit passes